



4150 & 4154 Herschel Street
Jacksonville, FL 32210
904.680.7344 studio
www.yogaanandastudio.com

DATE: _____

NAME: _____

ADDRESS: _____ ZIP: _____

C PHONE: _____ H PHONE: _____

E-MAIL: _____ BIRTHDAY: MONTH _____ DAY _____
(OPTING IN ASSURES NOTIFICATIONS OF SCHEDULE CHANGES, CANCELLATIONS AND EVENTS)

*EMERGENCY CONTACT: _____ PHONE: _____
(* NECESSARY INFORMATION: IF YOU DON'T HAVE A FRIEND OR FAMILY MEMBER, PLEASE INCLUDE DOCTOR'S INFO)

HEALTH CONCERNS WE SHOULD KNOW ABOUT. CIRCLE ONE OR ADD BELOW:

PREGNANT HIGH BLOOD PRESSURE BROKEN BONES PACEMAKER DIABETES KNEE INJURIES

HOW DID YOU HEAR ABOUT US? CIRCLE ONE OR ADD BELOW:

NATURAL AWAKENINGS SEARCH ENGINE THE RESIDENT ANOTHER CLIENT (WHO?) STREET SIGN

OTHER (PLEASE BE SPECIFIC): _____

WAIVER AND RELEASE OF LIABILITY AGREEMENT

Yoga Ananda is a Yoga and Wellness Center which offers various courses to strengthen your mind, body, and soul, in a safe, clean, and natural environment. As with any exercise, these courses may become strenuous on the body. If these techniques are new to you or if you have a health condition, we advise you to seek the advice of your physician, prior to your participation. It is up to you to know your body's limitations and to participate as your current health conditions permit. Yoga Ananda LLC, its owners, and/or affiliates are not liable for any accidents, injuries or accidental death which may occur in or on the property located at 4150 & 4154 Herschel St. Jacksonville, FL 32210. Thus it is the responsibility of every participant to inspect their surroundings, mats, equipment, etc. and report all adverse findings. For the duration of each course, it is also the responsibility of each participant to secure all personal belongings, as Yoga Ananda LLC its owners, and/or affiliates are not liable for such items or crimes associated with them. Photo waiver: By signing this form, I give permission for my photograph (if taken) to be used for media purposes. I waive any claim and right to inspect the photographs and any advertising or promotional copy that may be used in connection therewith.

I AFFIRM THAT I HAVE READ THE ABOVE RESPONSIBILITIES FOR PARTICIPATION AND I AGREE TO PARTICIPATE, VOLUNTARILY, AND ADHERE TO THE CURRENT, NEW, AND REVISED POLICIES OF YOGA ANANDA LLC. KNOWING THE RISKS INVOLVED. I FURTHER AFFIRM THAT I WILL ASSUME ALL SUCH RISKS AND ACCEPT PERSONAL RESPONSIBILITY FOR ANY DAMAGES FOLLOWING INJURY, PERMANENT OR PARTIAL DISABILITY, OR DEATH, AND FOR LOSS, DAMAGED OR STOLEN PERSONAL PROPERTY.

Signature: _____ Date: _____

DOB: _____ Age: _____